

Medication Therapy Management

Medication Therapy Management (MTM) is a service that allows people taking multiple drugs to meet one-on-one with a pharmacist. PrimeWest Health offers this service at no cost to members who qualify.

The MTM pharmacist will look at all of the medicines you take. This includes prescriptions, as well as over-the-counter and herbal medicines. You will learn the proper name and use for each drug you take. You may discover new ways to take your drugs so they are safer and will work better. If you are having problems with your medication, the pharmacist may make a plan for you to take home and follow. The plan will help you get better results when taking your medicines. The pharmacist will check to see if everything is safe to take together. If they find any problems, they will notify your health care provider.

Your pharmacist may also have ideas about how to reduce the number of drugs you take daily, which could save you money and lower your risk for drug interactions. You will also have a chance to ask questions with no distractions or long waits.

Although there are qualified MTM providers in most PrimeWest Health counties, not all pharmacists can provide this service. MTM pharmacists require special training that teaches them how to look at your overall health care needs. If you qualify for MTM, PrimeWest Health can help you find a pharmacist who provides this service in your area.

You must meet all of the following criteria to qualify for MTM:

- Have one or more chronic conditions, such as diabetes, high blood pressure, heart failure, depression, osteoporosis, COPD/asthma, or high cholesterol
- Take one or more drugs to control these conditions
- Be enrolled in Families and Children, MinnesotaCare, Minnesota Senior Care Plus (MSC+), or Special Needs BasicCare (SNBC)

If you think MTM could help you and want to learn more, call Member Services at **1-866-431-0801**. TTY users call **1-800-627-3529** or **711**. The call is free. We will help you decide if you qualify for MTM and tell you who in your area can provide this service.

1-866-431-0801 (toll free); TTY 1-800-627-3529 or 711

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤတွဲရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သုဉ်ဟ်သးဘဉ်တက့ၢ်. ဖဲနမ့ၢ်လိဉ်ဘဉ်တၢ်မၤစၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၣ်,ကိးဘဉ် လိတဲစိနီၣ်ဂံၢ်လၢထးအံၤန့ၣ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງ ໂທໂປໂຫຼ້າໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.